

UNIVERSITY of HOUSTON | OPTOMETRY

OAT Study Tools

OAT Destroyer: This book has a couple hundred questions for each section of the OAT, and the questions are set up to be more challenging than the actual exam questions. It also provides very detailed answers/responses.

OAT Achiever: This resource comes with 3 full-fledged practice exams that you take on your computer. It is set up to be almost identical to the actual layout of the OAT. The exams are quite difficult and provide detailed responses. This program helps you nail the timing of the exam. Keep in mind that, come test time, you only realistically have 1 minute to work each problem, so it's very important to keep up your pace and not fall behind.

Kaplan Courses: The Kaplan OAT prep course offers the entire question library (3,000+ items) available in the computer-based interface with 24/7 access. It also offers 5 full-length practice tests and a diagnostic exam for endurance and test strategy practice. The Kaplan class schedule offers 14 sessions designed to build content mastery and test taking skills sequentially. Kaplan has comprehensive review notes with more than 1,000 pages covering all OAT subjects.

Current UHCO student Ms. Shazia Karim (shazia.karim@kaplan.com) is the UH Student Brand Ambassador for Kaplan, and Ms. Michelle Underwood (michelle.underwood@kaplan.com) is Kaplan Graduate Programs Manager. Both are great resources for any OAT prep questions.

CliffsNotes AP Biology Book: This book is a great prep tool for the OAT biology section. Use it as a point of reference when confused with certain biology concepts. It covers everything you need to know & more about biology. On the OAT, you can be tested on a wide range of topics from photosynthesis to genetics, hormones, physiology (plants, mammals, fungi, etc.), as well as taxonomy. It's best to prep for everything in biology.

Chad's Videos a.k.a. Course Saver: These videos can be found at www.coursesaver.com. Chad is a dental student who decided to provide his own online lectures that prep from MCAT to DAT to OAT. It's only \$80 for 2 months of access to all of his materials. He also has plenty of printable notes, quizzes, etc., accessible on his site.

Khan Academy: <https://www.khanacademy.org/> - A website with free mini video lectures covering a variety of science topics.

ExamCrackers MCAT Audio Osmosis Audiobooks: Even though this tool is designed for MCAT preparation, it's also a good OAT study aid. The lecturers' sound effects & intonations clarify concepts in ways that can't be duplicated in books. Tracking allows for easy repetition of important points.

Crack the OAT: www.crackoat.com - This tool emulates the same platform interface & actual testing conditions of the OAT. Questions are thoroughly explained via hours of video explanations and written detailed explanations. This site provides the largest arsenal of practice tests for all of the OAT sections (except for physics).